

**Judith Ruskay Rabinor, Ph.D**

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36 Biarritz Street, Lido Beach, NY 11561

Licensed Clinical Psychologist  
NY State # 7174

CURRENT POSITIONS

Private Practice

Individual, group and family therapy. Clinical consultation groups for mental health professionals.

Faculty and Supervisor

Center for Study of Anorexia and Bulimia  
New York City, New York

Blogger

Huffington Post, Psychology Today

EDUCATION:

Ph.D., 1979	Fordham University, New York, New York. School Psychology.
M. S., 1975	City College, New York, New York. Clinical School Psychology. Graduated with Honors.
M. A., 1965	Columbia University Teachers College New York, New York. English major.
B. A., 1964	University of Vermont, Burlington, Vermont English major. Graduated with Honors.
Diploma, 1963	Institute for American Universities Aix-en-Provence, France. Literature major. Graduated with Honors.

POSTDOC TRAININGS

EMDR, Sensory Motor Psychotherapy, IFS (Internal Family Systems), Family Therapy, AEDP (Accelerated Experiential Dynamic Psychotherapy).

MEMBERSHIPS

Academy of Eating Disorders Therapists, American Psychological Association, Institute of Accelerated Experiential Dynamic Psychotherapy, International Association of Eating Disorders Professionals, Nassau County Psychological Association, New York State Psychological Association

## PUBLICATIONS:

*Humor in Psychotherapy. Renfrew Perspectives. in press.*

*Risk Taking in Psychotherapy. Renfrew Perspectives, 2017.*

*Are Eating Disorders Thinking Disorders? Somatic Psychology Today. Fall 2014*

*Befriending Your Ex After Divorce: Making Life Better for You, Your Kids and Yes, Your Ex. Oakland, Ca.: New Harbinger Publications, 2013.*

*Experiential Approaches to Body Image Change. With M. Bilch. In T. Cash and L. Smolack (Eds.).Handbook of Body Image Change Second Edition. New York: Guilford Press, 2011.*

*Your Knots are in my Soul. Eating Disorders: The Journal of Treatment and Prevention. Fall 2010.*

*"The Therapist's Appearance and Recovery: Perspectives on Treatment, Supervision, and Ethical Implications". Eating Disorders: The Journal of Treatment & Prevention 18.2. New York. Rutledge Press, 2010.*

*Reclaiming the Body: Anorexia and Bulimia in the Jewish Community. Eating Disorders Review. California: Gurze Books, 2010*

*Seven C's in Choosing a Therapist. Eating Disorders: Recovery Today Newsletter. California: Gurze Books, 2009.*

*Self Disclosure as a Turning Point in Psychotherapy. In A. Bloomgarden and J. Mennuti (Eds.).Psychotherapy Revealed. New York: Routledge Press, 2009*

*Treating Eating Disorders: The Healing Power of Guided Imagery. With M. Bilich. In M. Maine, W. Davis, And J. Schur (Eds.). Effective Clinical Practice in treatment of Eating Disorders: The heart of the Matter. New York: Routledge Press, 2008.*

*Rituals for Renewal: Healing Anorexia and Bulimia in the Jewish Community. In L. Newman and E. Doroff (Eds.). Jewish Choices/Jewish Voices: a Jewish Publication Series about Contemporary Ethics, Spirituality, and Identity. Chicago: Jewish Publication Society, 2007.*

*The Healing Power of Ben's Bagel's. Eating Disorders: The Journal of Treatment and Prevention. Fall 2006.*

*Lessons I Learned on a Trip to Washington. Eating Disorders: The Journal of Treatment and Prevention. Spring 2005.*

*The "Eating Disordered" Patient. In P. Caplan and L. Cosgrove (Eds.). Bias in Psychiatric Diagnosis. New York: Jason Aaronson, 2004.*

*Experiential Approaches to Body Image Change. With M. Bilch. In T. Cash and T. Pruzinsky (Eds.).Handbook of Body Image Change. New York: Guilford Press, 2003.*

*Reflections on September 11th.* Eating Disorders: The Journal of Treatment and Prevention. Winter 2003.

*Listening to the Inner Voice: The Healing Power of Writing.* Connections. Pekin, Il., 2002

*Recollections of September 11.* New York State Psychological Association Notebook. November/December, 2002.

*The Gong.* In J. Loewy and A. Hara (Eds.). Caring for the Caregiver: The Use of Music and Music Therapy in Grief and Trauma. Maryland: The American Music Therapy Association, Inc., 2002.

*Since September 11th.* The Nassau County Psychologist. Merrick. New York: Fall 2002.

*Listening to the Inner Voice: The Healing Power of Writing.* Connections. Arizona: International Association of Eating Disorders Professionals. 2002.

A Starving Madness: Tales of Hunger, Hope and Healing in Psychotherapy. Carlsberg, Ca. Gurze Books, 2002.

*Slipping Through the Cracks.* Eating Disorders Council of Long Island Newsletter. Spring, 2000.

*Collaborating with Parents.* American Anorexia/Bulimia Newsletter. Summer, 2000.

*Imagery as a Transformative Process.* American Anorexia/Bulimia Newsletter. Winter, 2000.

*The Lifeforce.* Eating Disorders: The Journal of Treatment and Prevention. Brunner Mazel, Inc. Spring, 2000.

*Still Becoming a Therapist.* The Renfrew Perspective. The Renfrew Center, Philadelphia, Pa. Fall, 2000.

*Sacred Nourishment.* Eating Disorders: The Journal of Treatment and Prevention. 7:319-327, Brunner Mazel, Inc. 1999.

*A Question of Soul Pain.* Eating Disorders: The Journal of Treatment and Prevention. 7:157-166, Brunner Mazel, Inc. 1999.

*Caring for the Caregivers.* The Renfrew Perspective. The Renfrew Center, Philadelphia, Pa. Spring, 1999.

*Reclaiming Clouds of Glory.* Eating Disorders: The Journal of Treatment and Prevention. 6:329-344, Brunner Mazel, Inc. 1998.

*Writing: A Ritual of Renewal.* Eating Disorders: The Journal of Treatment and Prevention. 6:253-266, Brunner Mazel, Inc. 1998.

*Making our Lives a Blessing.* Eating Disorders: The Journal of Treatment and Prevention. 6:169-178. 1998. Brunner Mazel, Inc. 1998

*Rituals for Renewal.* Eating Disorders: The Journal of Treatment and Prevention. 6: 77-84, Brunner Mazel, Inc, 1998.

*Violence against Women and the Development of Eating Disorders: The OJ Simpson Case Revisited.* The Nassau County Psychologist Newsletter. New York, 1995.

*Overcoming Bodyshame: My Client, Myself.* In A Perilous Calling: The Hazards of Psychotherapy Practice. New York, Wiley, 1995.

*Confronting the Sexual Abuser.* Eating Disorders: The Journal of Treatment and Prevention, Brunner Mazel, Inc., 1993.

*Nicole Who? The OJ Simpson case, Violence against women, and Disordered Eating.* In American Anorexia and Bulimia Newsletter, New York: American Anorexia/Bulimia Association, Inc., 1994.

*Welcome to the "I Feel Fat Show."* In L. Hall (Eds.). Full Lives: A Woman's Guide to Freedom from Obsessions with Food and Weight. California: Gurze Books, 1993.

*Mothers, Daughters and Eating Disorders: Honoring the Mother-daughter Relationship.* In P. Fallon, M. Katzman, and S. Wooley (Eds.). Feminist Perspectives on Eating Disorders. New York: Guilford Press, 1993.

*Healing Body Image. Perspective.* San Francisco, California: Association for Humanistic Psychology, 1992.

*The Process of Recovery: The use of Journal writing in Treating the Eating Disordered Patient.* In Psychotherapy and Private Practice, Volume 9, No. 1. New York: Haworth Press, 1991.

*Mothers, daughters and eating disorders, and forgiveness: A spiritual approach.* In American Anorexia / Bulimia Newsletter. New York: American Anorexia / Bulimia Association, Inc. 1991.

*The Power of Imagery in Healing Body Image.* In Eating Awareness and Self Enhancement Newsletter. Philadelphia: Eating Awareness and Self Awareness, Inc. Volume 2, Issue 1, 1991.

*Incest: Psychological, legal and ethical considerations.* International Journal of Medicine and Law, Vol. 8., 1989.

*The Bulimic Obsession and the Struggle to Separate.* In The Psychotherapy Patient, Volume 3, No. 2. New York: Haworth Press, 1987.

*The Effects of Maternal Employment on Children's Social Emotional Adjustment.* Dissertation. Fordham University 1978.

AUDIOTAPE (produced by Glenn K Audiotapes, Glenn Cove, NY)

Understanding and Healing Eating Disorders: An all-day Workshop. 1998.

Learning to Love the Body You Have. 1998.

Mothers, Daughters & Body and Eating Disorders, Healing & Transforming the Connection. 1995.

## PROFESSIONAL WORKSHOPS, SEMINARS AND PRESENTATIONS

2019. Writing our Mothers. Marlene Meyerson JCC, New York, N.Y.
2019. Instilling Passion into Treatment and Recovery. International Association of Eating Disorder Therapists Conference, Palm Desert, Ca.
2018. Keeping Our Mothers Alive. Marlene Meyerson JCC, New York, N.Y.
- 2018 Writing Our Stories. Tabor Retreat Center. Oceanside, N.Y.
- 2018 *Writing Our Mothers*. Marlene Meyerson JCC, New York, N. Y.
- 2017 *Clinical Supervision: Guidelines when Working with Eating Disorder Patients and Families*. The Renfrew Foundation Conference, Philadelphia, Pa.
- 2017 *Working with Families*. Online Webinar. Gurze Books.
- 2016 *Motherhood Throughout the Life Cycle*. Eastern Groups Psychotherapy Association Annual Conference. New York City, New York
- 2016 *Treating Eating Disorders: Meet the Experts*. Online Webinar. CSAB.
- 2015 *Healing Trauma with Guided Imagery*. Uganda Psychological Association. Kampala, Uganda.
- 2015 *When Writing Heals*. 25<sup>th</sup> Annual Renfrew Foundation Conference. Philadelphia, PA.
- 2015 *Treating Eating Disorders: Tips, Techniques and Theories*. Online Webinar. CSAB.
- 2015 *Co-Parenting After Divorce*. Catalyst Conference. New York, NY
- 2014 *Keynote Panel: Clinical Dilemmas and Decision Points* . 24<sup>th</sup> Annual Renfrew Foundation Conference. Philadelphia, PA.
- 2014 Food Family and Holidays. Online Seminar. CSAB
- 2013 *From Adversaries to Allies: CoParenting After Divorce*. Ohel Institute. New York, NY.
- 2013 *Befriending Your Ex After Divorce*. JCC. New York, NY.
- 2012 *Survival Strategies for Divorced Parents*. Kids Turn. San Diego, CA.
- 2012 CoParenting After Divorce. Barnes and Noble, New York City, NY.
- 2011 *Closing Ritual*. 21<sup>st</sup> Annual Renfrew Foundation Conference. Philadelphia, PA.
- 2011 *Live Supervision! Four Therapists, One Story, So Many Possibilities for Healing*. With Robin Sesan, Natasha Prenn, Adrienne Ressler. 21<sup>th</sup> Annual Renfrew Foundation

- Conference. Philadelphia, PA.
- 2011 *Treating Troubled Teens: Parents as Partners*. All day workshop with Judith Brisman, Ph.D. Ohel Institute New York City, NY.
- 2010 *Treating Eating Disorders*. Montrose Manor. Capetown South Africa
- 2010 *Closing Ritual*. 20<sup>th</sup> Annual Renfrew Foundation Conference. Philadelphia, PA.
- 2010 *Family Ties: What Hurts, Helps and Heals*. 20<sup>th</sup> Annual Renfrew Foundation Conference . Philadelphia, PA.
- 2010 Invited Keynote: *Parents as Partners: Finding the Way*. Reaching Out for Eating Disorders Annual Conference. New York City, NY.
- 2009 *Disengagement of Direct Intervention: What's a Parent to Do?* International Association of Eating Disorders Professionals. Orlando Fl.
- 2009 *Self Disclosure in Psychotherapy*. 19th Annual Renfrew Foundation Conference. Philadelphia, PA.
- 2008 *It Takes Three To Tango: Patients, Parents and Therapists*. International Association of Eating Disorders Therapists San Diego, CA.
- 2007 *Body Image Disturbances: A Lifecycle Approach*. A one-week seminar. Harvard Medical School Department of Continuing Education, Esalen Institute, CA.
- 2007 *Never Too Late: Resiliency Skill-Building for Therapists and Families*. San Diego, CA
- 2006 *Mothers as Wounded Healers*. The 16<sup>th</sup> Annual Renfrew Foundation Conference. Philadelphia, PA.
- 2006 *Eating Disorders: An Integrative Approach*. A one-week seminar. Harvard Medical School Department of Continuing Education, Esalen Institute, CA.
- 2007 *Parents as Partners*. A One Week Institute at Long Island University with Kim Rodriguez.
- 2006-1995  
11<sup>th</sup> consecutive year co-teaching a one week institute: *Treating Eating Disorders: An Integrative Approach*. Long Island University, Graduate school of Education, Brookville, NY.
- 2005 *Treating Eating Disorder*. A one day presentation. Jewish Board of Family and Children's Services, New York City, NY.
- 2004 *Writing as Healing*. The 14<sup>th</sup> Annual Renfrew Foundation Conference. Philadelphia, PA.

- 2004 *Understanding and Treating Eating Disorders*: A one day presentation. Ohel, Brooklyn, NY
- 2004 *Understanding and Treating Eating Disorders*: A one day presentation. Jewish Board of Family and Children's Services, New York, NY.
- 2003 *The Healing Power of Guided Imagery. The 13<sup>th</sup> Annual Renfrew Foundation Conference.* Philadelphia, PA.
- 2003 *Mothers, Daughters, Eating & Body Image Disorders: Understanding and Transforming the Connection.* A one day workshop. Brattleboro Retreat, Brattleboro VT.
- 2003 *Treating Eating Disorders: An Integrative Approach.* A one week seminar. Harvard Medical School Department of Continuing Education. Longboat Keys, FL.
- 2003 *Treating Eating Disorders: An Integrative Approach.* A one day workshop Penn State Eating Disorder Conference. State College, PA.
2003. *Rituals for Renewal.* Invited Keynote. Sheena's Place, Toronto, Canada.
- 2003 *The Healing Power of Discovering Your Story.* Invited Keynote. Adelphi University Eating Disorder Conference. Garden City, NY.
- 2002 *Healing Our Selves, Healing Our Patients.* A one day institute The 12<sup>th</sup> Annual Renfrew Foundation Conference. Philadelphia, PA.
- 2002 *Healing a Starving Madness.* Invited Keynote. International Association of Eating Disorders Professionals. Las Vegas, NV.
- 2002 *Understanding and Treating Eating Disorders.* A one-week Institute Long Island University, Graduate Department of Counseling, CW Post Campus, Brookville, NY.
- 2003 Keynote Penn State Eating Disorder Conference, State College, PA.
- 2002 *Treating Eating Disorders: An Integrative Approach.* A one-day workshop. The Brattleboro Retreat, Brattleboro, VT
- 2002 *Treating Eating Disorders: An Integrative Approach.* A one-day workshop. The Brattleboro Retreat, Butler Hospital, RI.
- 2001 *Mending and Mining the Mother-Daughter Relationship.* A one-day pre-conference Institute The Eleventh Annual Renfrew Foundation Conference: Feminist Perspectives on Adolescents and their Families: Eating Disorders and Trauma. Philadelphia, PA.
- 2001 *Experiential Approaches to Treating Body Image.* Center for the Study of Anorexia and Bulimia. NYC., NY.
- 2000 *Symptoms as the Voice of the Soul.* Pre-conference workshop The Tenth Annual Renfrew Foundation Conference: Feminist Perspectives on The Process of Change. Philadelphia, PA.
- 2000 *Sacred Nourishment:* A one-day Institute. Healing in Eating Disorders: Biological, Humanistic

and Spiritual Dimensions: Stoneybrook, NY

- 2000 *Reconnecting the Eating Disordered Patient With Loved Ones: Replacing Blame with Compassion.* A one day Symposium, Healing in Eating Disorders: Biological, Humanistic and Spiritual Dimensions, Stoneybrook, NY.
- 2000 *Treating Eating Disorders.* A One-week Institute. Long Island University, C W Post Campus, Brookville, NY
- 2000 *Sacred Nourishment: Integrating Spirituality in Psychotherapy.* A One-day Workshop. National Institutes of Psychotherapy, NYC, NY.
- 1999 *Keynote Panel and Closing Ritual : Expanding Therapeutic Boundaries, Taking Risks for Change.* The Ninth Annual Renfrew Foundation Conference: Feminist Perspectives on The Process of Change. Philadelphia, PA.
- 1999 *Helping Girls Become Strong Women.* A one-day symposium sponsored by the Partnership for Girls Women's Mental Health, Columbia University. Dallas, TX.
- 1999 *Treating Eating Disorders.* A One-week Institute. Long Island University, C W Post Campus, Brookville, NY.
- 1999 *Treating Eating Disorders: A Weekend Institute.* Sponsored by The Vinyard Collaborative, Martha's Vinyard, MA.
- 1999 *Treating Eating Disorders: An Integrative Approach.* A one-day workshop. The Brattleboro Retreat, Brattleboro, VT.
- 1998 *Understanding and Healing Eating Disorders.* A one-day workshop. Continuing Education, National Association of Social Workers, New York State Chapter. Garden City, NY.
- 1998 *Rituals for Renewal.* The Eighth Annual Renfrew Foundation Conference: Feminist Perspectives on Trauma, Treatment and Psychological Growth. Philadelphia, PA.
- 1998 *The Dance of Collaboration* Invited Keynote. Adolescents and Eating Disorders: An Epidemic in our Community. Orange County Eating Disorders Coalition. Goshen, NY.
- 1998 *Closing Ritual.* Food, Body Image and Judaism: A Conference on Ethnicity and Eating. Sponsored by Kolot and The Renfrew Center. Philadelphia, PA.
- 1998 *Mothers, Daughters and Eating Disorders: Understanding and Transforming the Relationship.* Food, Body Image and Judaism: A Conference on Ethnicity and Eating. Philadelphia, PA.
- 1998 *Treating Eating Disorders: An Integrative Approach.* A two part training series. Suffolk County Training Program for Mental Health Professionals. Riverhead, NY.
- 1998 *Body Image Development and the Mother-Daughter Relationship.* The Capital Region Association of Eating Disorders, Troy, NY.
- 1997 *Treating Eating Disorders: Integrating Empowering Approaches.* Half-day Institute. Continuing Professional Education Division. Nassau County Psychological Association, Merrick, NY.



- 1997 *Transforming Body Image*. Half-day Institute. Continuing Professional Education Division. Nassau County Psychological Association, Merrick, NY.
- 1997 *Keynote and Closing Ritual* The Seventh Annual Renfrew Foundation Conference: The Impact of Relationships: Feminist Perspectives on Trauma, Treatment and Psychological Growth. Philadelphia, Pa.
- 1997 *Processing our Countertransference: The Mother-Daughter Relationship and the Psychotherapy of Eating Disorders*. The Seventh Annual Renfrew Foundation Conference: The Impact of Relationships: Feminist Perspectives on Trauma, Treatment and Psychological Growth. Philadelphia, Pa.
- 1997 *When the Body Speaks: Therapeutic Encounters with Eating Disordered Patients*. Soma Self, The Psychoanalytic Society, Fourth International Psychoanalytic Conference, Florence, Italy.
- 1997 *Experiential Approaches to the Treatment of Eating Disorders*. A one-day conference, Widener University, Chester, Pa.
- 1997 *Treating Eating Disorders*. A One-week Institute. Long Island University, C W Post Campus, Brookville, NY.
- 1997 *Treating Eating Disorders: Integrating Empowering Techniques*. One day workshop. Continuing Education, National Association of Social Workers, Minnesota Chapter. St. Paul, Minn.
- 1997 *Reclaiming the Body: The Use of Guided Imagery*. Pederson-Krag Center, Huntington NY.
- 1996 *Treating Eating Disorders*. A One-week Institute. Long Island University, C W Post Campus, Brookville, NY.
- 1996 *Preventing Eating Disorders*. Presentation at the International Conference on Health. University of Monterrey, Monterrey, Mexico.
- 1996 *The Use of The Written Word in Healing Disordered Eating: How Metaphor, Poetry and Journal Writing Heal*. The Renfrew Center, Philadelphia, Pa.
- 1996 *Treating Eating Disorders: An Integrative Approach. A three part training series*. Suffolk County Training Program for Mental Health Professionals. Riverhead, New York.
- 1996 *Anorexia, Bulimia and the College Student*. University of Colorado, Boulder, Colorado.
- 1996 *Treating Eating Disorders: Integrating Empowering Techniques*. Week long Seminar in St. Lucia, W.I., Continuing Education Abroad, Yardley, Pa.
- 1995 *How To Love the Body You Have and Healing Your Body Image*. Weekend Workshop. Canyon Ranch, Lenox, Mass.
- 1995 *Keynote Address: Love Me Slender: Reclaiming Mind, Body and Soul*. Hadassah Annual Dinner, Rockville Centre, New York.
- 1995 *Eating Disorders. Topical Seminars for the Mental Health Clinician*. Hofstra University, College for Continuing Education. Uniondale, New York.

- 1995 Body Image Development and The Mother-Daughter Relationship. *Half-day Institute* for Professionals. The Renfrew Foundation. New York, New Jersey, Long Island locations.
- 1995 The Power of Imagery in Healing Body Image and Eating Disorders. New York Milton H. Erickson Society. New York, New York.
- 1995 Treating Eating Disorders: An Integrative Approach. *Three part training Seminar*. Suffolk County Training Program for Mental Health Professionals, Riverhead, New York.
- 1995 Reclaiming the Body. The Use of Guided Imagery in Treating Body Image Disorders. Long Island Jewish Medical Center Grand Rounds Presentation. Hillside, New York.
- 1994 *Keynote Address*: Rituals for Renewal: Caring for the Caregivers. Renfrew Foundation's Fourth Annual Eating Disorders Conference. Philadelphia, Pa.
- 1994 *Keynote Address*: Love Me Slender: Reclaiming Mind, Body and Soul. Ursinus College, Collegeville, Pennsylvania.
- 1994 Mothers Daughters and Eating Disorders: Transforming the Relationship. A four hour training seminar for practitioners. The Renfrew Foundation, Philadelphia, Pa.
- 1994 Reclaiming the Body: An experiential approach to Disordered Eating and Body Image Problems. A one day workshop. Holliswood Hospital, Holliswood, New York.
- 1993 *Keynote Address*: The Bodyself of the Therapist. The Renfrew Foundation's Third Annual Eating Disorders Conference. Philadelphia, Pa.
- 1993 Treating Eating Disorders: Integrating Empowering Approaches. *One day Seminar*. Sponsored by NASW. Peoria, Illinois.
- 1993 Treating Eating Disorders: Integrating Empowering Approaches. *One day Seminar*. Sponsored by NASW. Chicago, Illinois.
- 1992 Body Image Development and the Mother Daughter Relationship. Workshop presented at the Renfrew Foundation's Second Annual Eating Disorder Conference. Philadelphia, Pennsylvania.
- 1992 Integrating Feminist Principles into Group Therapy. Workshop presented at the Renfrew Eating Disorder Conference, Philadelphia, Pennsylvania.
- 1992 Integrating Feminist Principles into Group Therapy. Workshop presented at American Anorexia and Bulimia Conference. New York, New York.
- 1992 Treating Eating Disorders. *One day Seminar* presented at American Humanistic Psychologists Annual Conference. San Francisco, California.
- 1992 Integrating Feminist Principles into Group Therapy for Eating Disordered Patients. Workshop presented at 4th International Conference on Eating Disorders, Montifiore Medical Center / Albert Einstein School of Medicine. New York, New York.
- 1992 Transforming Body Image: New Pathways in Female Development. *Five session Seminar* for professionals integrating theory and technique for treating body image disturbances. Holliswood Hospital. Holliswood, New York.

- 1992 Treating Eating Disorders: Integrating Empowering Approaches. *One day Seminar*. Sponsored by NASW. Syracuse, New York.
- 1992 Training Instituted for Mental Health. The treatment of eating disorders: The process of recovery. New York, New York.
- 1991 Body Image Development and the Mother-Daughter Relationship. Workshop presented at Renfrew Foundation Conference on Eating Disorders. Philadelphia, Pennsylvania.
- 1991 Treating Eating Disorders: Integrating Empowering Techniques. *One day Seminar*. University of Connecticut Health Center: The Master Therapist Series. Farmington, Connecticut.
- 1991 Treating Eating Disorders / Body Image Disturbances. *One week Institute*. Seminars for Mental Health Professionals, Getaway Seminars. Wellfleet, Mass.
- 1991 New England Educational Institute at Cape Cod. *One week Institute* Professional Workshops on Treating Eating Disorders. Pittsfield, Mass.
- 1991-1987 Treating Eating Disorders. Greenwich Institute for Psychoanalytic Studies. A five session series. New York, New York.
- 1990 Body Image Development and the Mother-daughter Relationship. American Humanistic Psychology Annual Conference. Burlington, Vermont.
- 1990 Mothers-Daughters, Eating and Body Image. Workshop presented at National Anorexic Aid Society. Columbus, Ohio.
- 1990 Changing Body Image, with Ann Kearney-Cooke. *One week Institute* for mental health professionals. Getaway Seminars. Wellfleet, Massachusetts.
- 1990 A Self Psychological Approach to Eating Disorders. American Psychological Association. Paper presented at Mid-winter Conference. Palm Springs, California.
- 1990 Etiology and Treatment of Eating Disorders. Tenth Annual Medical Seminar, Division of Wellness, Aspen, Colorado.
- 1990 The Influence of Sociocultural Factors in the Development of Negative Body Image, Low Self-esteem and Complex Eating Disorders in Women. American Orthopsychiatric Annual Meeting. Miami, Florida.
- 1990 Beginning Treatment: The Initial Phase Holliswood Hospital. New York, New York.
- 1990 Changing Body Image: Holliswood Hospital. New York, New York.
- 1990 Learning to Love the Body You Have. Gracie Square Hospital. New York, New York.
- 1989 The Process of Recovery from an Eating Disorder. American Psychological Association, New Orleans, Louisiana.
- 1989 Treating the Eating Disordered Patient. A one day workshop. The Brightside Series, A one-day workshop. West Springfield, Massachusetts.

- 1989 A Self Psychological Approach to Eating Disorders Society for the Advancement of Self Psychology's First Annual Conference. New York, New York.
- 1989 Treating the Compulsive Eater: Integrating Different Orientations and Techniques. American Orthopsychiatric Annual Meeting, New York, New York.
- 1989 Eating Disorders: Etiology / Treatment Implications. Kaiser Permanente Hospitals. Honolulu, Hawaii.
- 1988 Fat is Still a Feminist Issue Two day workshop for mental health professionals and students. Colgate University, New York.
- 1988 Understanding Anorexia and Bulimia One day workshop, National Institute of Psychotherapies, New York, New York.
- 1988 The Use of Journal Writing with Eating Disordered Patients. Paper presented at the Second Annual Eating Disorders Conference Sponsored by the Association of Professionals Treating Eating Disorders. San Francisco, California.
- 1988 Active Techniques in Treating the Eating Disordered Patient. Paper presented at the Metropolitan Institute for Training in Psychoanalytic Psychotherapy. New York, New York.
- 1988 Treating the Eating Disordered Patient: Clinical considerations. Conference on Student Development sponsored by the University of Connecticut. Storrs, Connecticut.
- 1988 The Use of Journal Writing in Treating the Eating Disordered Patient. Paper presented at the Third International Conference on Eating Disorders Montifiore Medical Center, Albert Einstein School of Medicine, New York, New York.
- 1988 Treating Eating Disorders / Body Image Disturbances. *One week Seminar*. Getaway Seminars for Professionals. Welfleet, Mass
- 1987 New England Educational Institute at Cape Cod. *One week Seminar* Professional Workshops on Treating Eating Disorders. Pittsfield, Mass.
- 1987 Treatment of Eating Disorders- *One day Seminar* for mental health professionals. NYS-NASW Division of Continuing Education, Binghamton, New York.
- 1987 What Every Eating Disordered Patient Would Like Her Parent to Know: Parenting the Eating Disordered Patient. Paper presented at Gracie Square Hospital, New York, New York.
- 1986 Beginning Treatment with the Eating Disordered Patient: Therapeutic Considerations. Workshop presented at the 5th Annual Conference on Eating Disorders. Center for Study of Anorexia and Bulimia. New York, New York.
- 1986 An Eclectic Approach to Bulimia. Workshop presented at the 5th Annual Conference on Eating Disorders, National Anorexic Aid Society, Columbus, Ohio.
- 1986 Incest: Psychological, Legal and Ethical Issues. Paper presented at the Second International Congress on Psychiatry, Law, and Ethics. Tel Aviv, Israel.

- 1986 Group Therapy for Parents of Eating Disordered Patients: A Therapeutic Adjunct. Paper presented at Second International Conference on Eating Disorders Montifiore Medical Center, Albert Einstein School of Medicine, New York, New York.
- 1985 Individual and Group Treatment with a 21 year old Bulimic Woman. Paper presented at the 4th Annual Conference on Eating Disorders. Center for the Study of Anorexia and Bulimia, New York, New York.
- 1984 I Feel Fat: A Workshop for Therapists Treating Eating Disordered Patients. Presented at the 3rd Annual Conference on Eating Disorders, Center for the Study of Anorexia and Bulimia, New York, New York.
- 1983 Anorexia and Bulimia: Causes, Cures and Questions. Workshop, C.W. Post Annual Health Fair. Greenvale, New York.
- 1982-1985 Anorexia and Bulimia: Etiology and Treatment Workshop. Hofstra University, Hempstead, New York.
- 1980 The Revolution in Maternal Employment: Implications for School Psychologists. Symposium, National Association of School Psychologists, Washington, D.C.